



ILONA SELKE

AUTHOR OF

-DREAM BIG - The Universe is listening



**The DOLPHIN
WHISPERER**

**Ask about DREAM
BIG and how the
UNIVERSE IS
LISTENING**

**DOLPHINS, LOVE
& DESTINY**

**WISDOM OF THE
DOLPHINS**

**LIVING FROM
VISION**

www.livingfromvision.com

www.ilonaselke.com

**ALIN LEARNS TO
USE HIS
IMAGINATION**

Shapeshift Your World from the Inside Out

In “Dream Big: The Universe is Listening,” international bestselling author, seminar leader and dolphin whisperer Ilona Selke empowers people to use their imagination to create personal and global change

How can the everyday person hone their ability to create a better future for themselves and the world?

International best-selling author of five books, seminar leader, lecturer, musician and dolphin whisperer **Ilona Selke** is opening the door for people of all ages and experience levels to begin the practice of self-betterment and global stewardship through her new book, “**Dream Big: The Universe Is Listening**,” available now in print and all e-book formats.

Suggested Intro: Ilona Selke (say *il-OH-na SELL-key*) has spent 1,000 hours with dolphins, speaks four languages and has a new book that empowers anyone to transform their life and the world. Ilona, what inspired you to write “**Dream Big: The Universe is Listening?**”

Press Kit: <http://www.ilonaselke.com/presskit> – images, more story ideas, etc.

Public Websites: www.ilonaselke.com and www.LivingFromVision.com and <https://www.ilonaselke.online/>

SUGGESTED TOPICS FOR DISCUSSION:

- **How to Find Your Soul Mate:** Ilona explains how to **break through negative thought patterns** that are holding you back from experiencing true love, and how to **practice the magic thoughts to attract fulfilling love.**
- **Out-of-Body Sex:** We can **make love** with someone without being in the same bed, without getting naked, Ilona says. She discusses how to experience a “**crescendo of union**” that touches both of your souls to the deepest core. Especially useful for the **aging baby boomers**
- **Manifesting Money, Love & Purpose:** Based on over 30 years of teaching Living From Vision, goal setting and manifesting techniques worldwide, Ilona Selke has cracked the code for reliably creating the life, money and love we wish for.
- **Break Your Weight-Loss Barrier:** Learn how affecting a change in your inner world can create changes in your body. Choose your goals, such as looking attractive, feeling and being fit or having endurance. Focused a.m. and p.m. meditations can create the reality you wish to embody.

LIVING FROM VISION

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ADDITIONAL TOPIC SUGGESTIONS:

- **Training your Intuition**
- **Shifting your Reality in the Quantum Matrix**
- **Learning to Access the Quantum Matrix**
- **Whole Brain Thinking - The way to Turbo Charge your Goals / Dreams**
- **Self-healing through Meditation**
- **Living in a Holographic Universe**
- **Spirit Vacation - Standing In Your Power & Purpose from Self Doubt to Success!**
- **Telepathic communication with your Pet**

SOME SUGGESTED INTERVIEW QUESTIONS:

- In your new book, "*Dream Big: The Universe Is Listening*," you invite people to co-create their life with the universe. How is that possible?
- When you talk about each person discovering their life's purpose, what do you mean?
- "*Dream Big*" offers tools to help people manage and transform the negative emotions they are experiencing. How does that work?
- You also talk about people being able to find their soul mate through the practices you share. How does this work open people to that possibility?
- You say you've learned a lot of what you now share with others thanks to your time spent with dolphins. What did you learn?
- We often hear phrases like "higher vibration" or "higher states of consciousness" thrown around. Can you explain these in laymen's terms?
- What would you say to someone who is wondering how quickly to expect results from the practices you share in your "*Dream Big*" book?
- You've spoken about your wish that the work you present will empower people to believe in and know their own ability to self-heal. Can you elaborate?
- What kinds of personal problems, challenges and issues can "*Dream Big*" help people to overcome?
- How can people access a free set of meditations to begin exploring your work?

CONTACT: office@ilonaselke.com for bookings

CHECK AVAILABLE TIMES at CALENDLY

<https://calendly.com/ilonaselke>